



**ROME**  
**XIV INTERNATIONAL CONGRESS**  
**OF DERMATOLOGY**  
**18-21 JUNE 2025**

THE ROADS OF DERMATOLOGY



INTERNATIONAL  
SOCIETY *of*  
DERMATOLOGY

## **Prof. Timothy Spector**

### **OBE FMedSci**

Tim Spector is a medically qualified Professor of Epidemiology and Director of the TwinsUK Registry at King's College London.

His current work focuses on the microbiome and nutrition, and he is co-founder of ZOE, a personalised nutrition company, which runs the world's largest nutrition study, ZOE Predict and has created a commercial at-home kit for personalised nutrition.

He is also the lead researcher behind the world's biggest citizen science health project - the ZOE Health Study, formerly known as ZOE COVID Study, which provided essential data in response to the pandemic.

He was awarded an OBE for this work.

Having published more than 900 research articles, he is ranked in the top 100 of the world's most cited scientists by Google.

He is the author of four popular science books, including "The Diet Myth", "Spoon Fed", and most recently "Food for Life", a Sunday Times bestseller. He makes regular appearances on social and mainstream media.

PRESIDENT: **Prof. Giovanni Pellacani**  
SECRETARY GENERAL: **Dr. Nancy Dattola**

[www.icd2025rome.org](http://www.icd2025rome.org)



ORGANISING SECRETARIAT  
**.Triumph**ITALY