



Prof. Mary Thomas

Dr. Mary Thomas is triple board-certified dermatologist dedicated to advancing skin health, with a particular emphasis on skin of color dermatology. She completed her residency in Dermatology at the University of Toronto. Shortly thereafter, she moved to Alberta and currently practices in Red Deer. As the Founder and Medical Director of Central Alberta Dermatology , she provides specialized, cutting-edge care tailored to the unique needs of patients with richly pigmented skin. Dr. Thomas is committed to raising awareness about the importance of personalized dermatological care for all skin types, ensuring that each patient receives treatment that respects their individual skin concerns. In addition to her clinical work, she is the Chair of the Communications Committee and Board Member of the International Society of Dermatology and mentors dermatologists worldwide through the International Society of Dermatology and the Skin of Color Society, fostering greater understanding of diverse skin types. Her passion for inclusive, patient-centered care continues to shape the dermatology landscape, both locally and internationally.

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