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Dr. Rao is a Professor of Dermatology and Pathology at Rutgers Robert Wood Johnson Medical School and a Clinical Associate Professor of Dermatology at Weill Cornell Medical College.

He is also President of the American Confocal Group and the President and Founder of Non-Invasive Diagnostic Innovations in Skin (NIDIskin) and EIV Diagnostics.

Dr. Rao is board certified in dermatology and dermatopathology.

He received his medical degree from Rawalpindi Medical College in Pakistan and completed his residency training in Dermatology at Cornell University Medical Center, where he was chief resident.

Additionally, Dr. Rao has trained at University of London, UT Southwestern, New York University, and Rutgers University.

His primary research interests include non-invasive diagnostic tools in dermatology, such as Reflectance Confocal Microscopy (RCM), and digital pathology, and he has authored over 200 publications and multiple books on the topics.